

PKNS Antara Gapi Hill Run 2016

(2016-10-30)

Category Results

Location: Antara Gapi, Hulu Selangor Temp: 27°C Weather: Cloudy

Category: A - MEN OPEN 10KM

| RkCat | Bib | Name | Official_Time | Net_Time | CheckPoint_01_Time | CheckPoint_02_Time | Start_Time | Finish_Time | Remark |
|-------|-------|--|---------------|----------|--------------------|--------------------|------------|-------------|-----------------------|
| 1 | A1128 | GODFREY KIPROTICH NGETICH | 00:33:11 | 0:33:06 | 0:15:08 | 0:30:35 | 7:35:12 | 8:08:17 | |
| 2 | A1114 | MUINDI ONESMUS | 00:33:16 | 0:33:10 | 0:15:08 | 0:30:41 | 7:35:12 | 8:08:22 | |
| 3 | A1088 | COSMAS CHERUIYOT MARINDICH | 00:34:21 | 0:34:18 | 0:15:09 | 0:31:26 | 7:35:10 | 8:09:27 | Not entitle for prize |
| 4 | A6004 | JAMES KARANJA | 00:35:10 | 0:35:06 | 0:15:28 | 0:32:19 | 7:35:11 | 8:10:16 | Not entitle for prize |
| 5 | A1102 | RUTTO JOHN KIPKORIR | 00:36:41 | 0:36:38 | 0:16:17 | 0:33:39 | 7:35:10 | 8:11:47 | Not entitle for prize |
| 6 | A1127 | NOAH KUTUNG CHEPSENGON | 00:37:11 | 0:37:07 | 0:16:44 | 0:34:13 | 7:35:11 | 8:12:17 | Not entitle for prize |
| 7 | A1016 | ANAS BIN ROSLI | 00:38:48 | 0:38:46 | 0:17:26 | 0:35:47 | 7:35:09 | 8:13:54 | |
| 8 | A1063 | GOVINDA | 00:42:23 | 0:42:20 | 0:19:35 | 0:39:18 | 7:35:10 | 8:17:29 | |
| 9 | A1104 | AVINASHWER AUSTIN | 00:44:03 | 0:44:00 | 0:20:03 | 0:40:35 | 7:35:09 | 8:19:09 | |
| 10 | A6010 | OSMAN BIN JAMALUDDIN | 00:44:32 | 0:44:27 | 0:20:02 | 0:40:59 | 7:35:12 | 8:19:38 | |
| 11 | A1121 | ABDULLAH SAHLAN | 00:45:15 | 0:45:11 | 0:20:59 | 0:41:56 | 7:35:10 | 8:20:21 | |
| 12 | A1123 | KHAIRUL AZMI BIN MOHD ALI | 00:45:23 | 0:45:19 | 0:19:42 | 0:41:53 | 7:35:10 | 8:20:29 | |
| 13 | A1042 | MOHD SABRI CHE DAUD | 00:47:04 | 0:47:00 | 0:20:34 | 0:43:22 | 7:35:10 | 8:22:10 | |
| 14 | A1040 | MUHAMMAD RIFYAL BIN NASRIL | 00:49:34 | 0:49:30 | 0:21:55 | 0:45:24 | 7:35:11 | 8:24:40 | |
| 15 | A1004 | MOHAMAD HAZUWAN BIN HARIS | 00:49:55 | 0:49:49 | 0:21:38 | 0:45:48 | 7:35:12 | 8:25:01 | |
| 16 | A1109 | AZALI BIN IDRIS | 00:50:10 | 0:50:05 | 0:22:31 | 0:46:19 | 7:35:11 | 8:25:16 | |
| 17 | A1017 | AZHAR BIN ROSLI | 00:50:37 | 0:50:33 | 0:22:09 | 0:46:42 | 7:35:11 | 8:25:43 | |
| 18 | A1024 | HASIF NOORHAFIZ BIN DAMAHURI | 00:50:53 | 0:50:42 | 0:22:51 | 0:47:10 | 7:35:18 | 8:25:59 | |
| 19 | A1119 | MUHAMAD SUFI AMARUL BIN AZLI | 00:51:28 | 0:51:23 | 0:22:07 | 0:47:18 | 7:35:11 | 8:26:34 | |
| 20 | A1003 | VESTADIUS JOBI | 00:51:45 | 0:51:42 | 0:22:30 | 0:47:34 | 7:35:09 | 8:26:51 | |
| 21 | A1083 | AHMAD YUZAIRY BIN MOHD LASA | 00:54:09 | 0:54:01 | 0:24:52 | 0:50:14 | 7:35:14 | 8:29:15 | |
| 22 | A1125 | SHUHADI FITRI BIN JUSOP | 00:54:25 | 0:54:19 | 0:24:46 | 0:50:29 | 7:35:12 | 8:29:31 | |
| 23 | A1029 | MUHAMAD NAZAR AHMAD ZAIDI | 00:54:39 | 0:54:34 | 0:25:19 | 0:50:40 | 7:35:11 | 8:29:45 | |
| 24 | A1079 | MOHAMMAD FARHAN BIN AZLAN | 00:54:55 | 0:54:51 | 0:24:10 | 0:50:44 | 7:35:11 | 8:30:01 | |
| 25 | A1047 | MOHD SHAHIZZAN BIN ABDUL RAHMAN | 00:55:22 | 0:55:12 | 0:26:01 | 0:51:16 | 7:35:17 | 8:30:28 | |
| 26 | A1078 | CHANEL WILFRED DANIEL | 00:57:04 | 0:56:55 | 0:26:36 | 0:52:58 | 7:35:15 | 8:32:10 | |
| 27 | A1071 | DAZRUL YUSRI BIN ZUAL HASNAN | 00:57:16 | 0:57:00 | 0:26:22 | 0:53:03 | 7:35:23 | 8:32:22 | |
| 28 | A1085 | MOHD ZAIN BIN ABDUL RAHMAN | 00:57:18 | 0:57:12 | 0:24:05 | 0:52:41 | 7:35:12 | 8:32:24 | |
| 29 | A6007 | MUHAMMAD DANIAL SHAMSUL KAMAL | 00:57:18 | 0:57:10 | 0:26:35 | 0:53:05 | 7:35:15 | 8:32:24 | |
| 30 | A1019 | MUHAMMAD AZFAR ZAQWAN BIN MUHAMAD ZABIDI | 00:57:52 | 0:57:47 | 0:24:26 | 0:53:59 | 7:35:12 | 8:32:58 | |
| 31 | A1076 | MUHAMMAD HASRIZAL BIN RASHID | 00:58:07 | 0:58:02 | 0:24:46 | 0:53:21 | 7:35:11 | 8:33:13 | |
| 32 | A1032 | MUHAMMAD BIN ROSLI | 00:58:11 | 0:58:09 | 0:25:54 | 0:53:57 | 7:35:09 | 8:33:17 | |
| 33 | A1061 | MOHD SHAFIQ BIN MOHD HANIF | 00:58:50 | 0:58:45 | 0:25:09 | 0:54:05 | 7:35:11 | 8:33:56 | |
| 34 | A1052 | MOHD SHAHROL BIN RUSMAN | 00:59:18 | 0:58:56 | 0:28:15 | 0:54:57 | 7:35:28 | 8:34:24 | |
| 35 | A1091 | MOHD RIZAL BIN KAMARUZAMAN | 00:59:38 | 0:59:34 | 0:25:25 | 0:54:54 | 7:35:11 | 8:34:44 | |
| 36 | A1118 | RAJA NABILA BIN RUSDI | 01:00:18 | 1:00:11 | 0:25:41 | 0:56:02 | 7:35:13 | 8:35:24 | |
| 37 | A1069 | MUHAMMAD AFIF BIN ARIFFIN | 01:01:20 | 1:01:08 | 0:26:15 | 0:56:46 | 7:35:19 | 8:36:26 | |
| 38 | A1041 | MUHAMMAD ZAKIR BIN RAHMAN | 01:01:24 | 1:01:20 | 0:27:16 | 0:56:35 | 7:35:10 | 8:36:30 | |
| 39 | A1060 | MUHAMMAD ASLAM FARIHEEN BIN ARIPIN | 01:01:26 | 1:01:11 | 0:26:28 | 0:57:11 | 7:35:22 | 8:36:32 | |
| 40 | A1058 | MUHAMAD MUJIZ MUZAMMIL BIN MUKHTAR | 01:01:36 | 1:01:21 | 0:28:18 | 0:57:20 | 7:35:21 | 8:36:42 | |
| 41 | A1065 | MOHAMMAD RAFIUDDIN BIN MD ROZI | 01:01:52 | 1:01:33 | 0:26:58 | 0:56:54 | 7:35:25 | 8:36:57 | |
| 42 | A1117 | FIRMAN HASANI BIN SULAIMAN | 01:02:38 | 1:02:30 | 0:27:17 | 0:58:05 | 7:35:14 | 8:37:44 | |
| 43 | A1028 | RAZMAN BIN RAMLI | 01:02:40 | 1:02:34 | 0:27:18 | 0:57:31 | 7:35:12 | 8:37:46 | |
| 44 | A1035 | AHMAD BAHILI BIN IDRUS | 01:03:07 | 1:03:01 | 0:26:44 | 0:58:11 | 7:35:13 | 8:38:13 | |
| 45 | A1129 | MUHAMMAD ZUHAIRI B. BORHAN | 01:03:15 | 1:03:04 | 0:27:44 | 0:58:40 | 7:35:18 | 8:38:21 | |
| 46 | A1124 | HISYAMHUDY BIN KAMARY | 01:03:17 | 1:03:17 | 0:28:58 | 0:58:43 | 7:35:06 | 8:38:23 | |
| 47 | A1006 | ABDUL WAFIR BIN AZMI ALI | 01:04:43 | 1:04:24 | 0:30:58 | 1:00:06 | 7:35:26 | 8:39:49 | |
| 48 | A1098 | MOHD SUKRI BIN WAN SALLEH | 01:05:27 | 1:05:10 | 0:30:15 | 1:00:36 | 7:35:24 | 8:40:33 | |
| 49 | A1067 | MOHD NAZIR BIN ABU SAMAH | 01:05:45 | 1:05:40 | 0:25:42 | 1:00:19 | 7:35:12 | 8:40:51 | |
| 50 | A1051 | AMAR SYAH BIN ZUKI | 01:06:07 | 1:05:47 | 0:29:25 | 1:00:29 | 7:35:27 | 8:41:13 | |
| 51 | A1103 | MARCUS HO PENG YANG | 01:06:12 | 1:06:05 | 0:29:12 | 1:00:48 | 7:35:13 | 8:41:18 | |
| 52 | A1005 | MOHAMMAD RAIZAL BIN SOHRI | 01:06:26 | 1:06:09 | 0:29:01 | 1:01:28 | 7:35:23 | 8:41:32 | |
| 53 | A1014 | MOHD YUSHANIZAR MD YUSOFF | 01:07:02 | 1:06:53 | 0:29:30 | 1:01:59 | 7:35:15 | 8:42:08 | |
| 54 | A1020 | MOHD NOOR ZABIR BIN ZAINUDDIN | 01:07:26 | 1:07:09 | 0:28:41 | 1:02:42 | 7:35:24 | 8:42:32 | |
| 55 | A1022 | MOHD ZULFIKAR BIN ZAINAL ABIDIN | 01:07:29 | 1:07:11 | 0:29:48 | 1:02:45 | 7:35:24 | 8:42:35 | |
| 56 | A1096 | CHAN YIK QUAN | 01:07:38 | 1:07:29 | 0:27:13 | 1:02:20 | 7:35:15 | 8:42:44 | |
| 57 | A1011 | ADAM DANIAL BIN MOHAMMAD | 01:08:00 | 1:07:54 | 0:27:26 | 1:02:19 | 7:35:12 | 8:43:05 | |
| 58 | A1072 | MOHD NAZREEN NORDIN | 01:08:20 | 1:08:02 | 0:28:29 | 1:03:38 | 7:35:24 | 8:43:26 | |
| 59 | A1066 | MUHAMMAD NAZRIN BIN ABDUL GHANI | 01:08:22 | 1:08:11 | 0:29:57 | 1:03:50 | 7:35:18 | 8:43:28 | |
| 60 | A1122 | CHEW KANG HOO | 01:08:24 | 1:08:09 | 0:28:35 | 1:03:35 | 7:35:21 | 8:43:30 | |
| 61 | A1023 | MOHAMAD FAZREE BIN SHAFFI | 01:10:24 | 1:10:19 | 0:30:44 | 1:05:23 | 7:35:11 | 8:45:30 | |
| 62 | A6005 | MOHD FADHIL AFIQ BIN ABDULLAH HAMIM | 01:10:34 | 1:10:16 | 0:28:31 | 1:05:19 | 7:35:24 | 8:45:40 | |
| 63 | A6025 | WAN SHAMSIR | 01:10:40 | 1:10:37 | 0:31:04 | 1:05:53 | 7:35:09 | 8:45:46 | |
| 64 | A1055 | MOHD FARHAN BASERUDIN | 01:10:42 | 1:10:34 | 0:31:38 | 1:05:48 | 7:35:14 | 8:45:48 | |
| 65 | A6022 | ZANEISWADI JOHARI | 01:11:24 | 1:11:03 | 0:30:12 | 1:06:59 | 7:35:27 | 8:46:30 | |
| 66 | A6023 | NORSAHARIL SAHAK | 01:11:24 | 1:11:03 | 0:30:13 | 1:06:58 | 7:35:28 | 8:46:30 | |
| 67 | A6008 | MUHAMMAD SYARIFUDDIN RAHMAT | 01:11:29 | 1:11:19 | 0:29:52 | 1:05:24 | 7:35:16 | 8:46:35 | |
| 68 | A1092 | MOHD FHADULLAH BIN AWANG | 01:11:45 | 1:11:27 | 0:32:37 | 1:06:59 | 7:35:24 | 8:46:51 | |
| 69 | A1046 | MOHD AZRIL BIN ROZALI | 01:12:16 | 1:12:07 | 0:30:57 | 1:06:58 | 7:35:15 | 8:47:22 | |
| 70 | A1038 | MOHD NAZARUL BIN ALI | 01:12:16 | 1:11:57 | 0:32:33 | 1:06:55 | 7:35:25 | 8:47:22 | |
| 71 | A6003 | WONG KING LIONG | 01:12:50 | 1:12:42 | 0:30:38 | 1:07:31 | 7:35:14 | 8:47:56 | |
| 72 | A1002 | KHAIRUL ANWAR BIN ZAINUAL RASHID | 01:13:22 | 1:13:09 | 0:31:53 | 1:07:52 | 7:35:20 | 8:48:28 | |
| 73 | A1064 | AIZUDDIN BIN AHMAD IMRAN | 01:14:41 | 1:14:26 | 0:33:25 | 1:09:10 | 7:35:21 | 8:49:47 | |
| 74 | A1012 | ADAM BIN MORTAZA | 01:14:52 | 1:14:38 | 0:33:04 | 1:09:26 | 7:35:21 | 8:49:58 | |
| 75 | A1057 | NORMIN BIN MAHFOOL | 01:14:53 | 1:14:41 | 0:29:27 | 1:08:38 | 7:35:18 | 8:49:59 | |
| 76 | A1107 | AHMAD ROSLI AHMAD TAMIZI | 01:16:21 | 1:16:14 | 0:31:34 | 1:10:09 | 7:35:13 | 8:51:27 | |
| 77 | A1010 | MOHD HAFIZ B CHE AWANG | 01:16:24 | 1:16:17 | 0:30:35 | 1:11:30 | 7:35:14 | 8:51:30 | |
| 78 | A1084 | RENDI RAHMAT BIN RUSDI | 01:16:31 | 1:16:24 | 0:32:30 | 1:10:59 | 7:35:13 | 8:51:37 | |
| 79 | A1033 | KAMARUL ARIFFIN BIN MOHAMED | 01:17:21 | 1:17:09 | 0:35:51 | 1:12:04 | 7:35:18 | 8:52:27 | |

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|-----|-------|--|----------|---------|---------|---------|---------|---------|
| 80 | A1089 | AZRIN BIN BAHARIN | 01:17:56 | 1:17:46 | 0:33:36 | 1:12:24 | 7:35:17 | 8:53:02 |
| 81 | A1034 | MOHD JEFFRY BIN MOHD ZIN | 01:19:27 | 1:19:21 | 0:33:38 | 1:13:22 | 7:35:13 | 8:54:33 |
| 82 | A1077 | MITCHELL MELIKO | 01:19:50 | 1:19:42 | 0:33:49 | 1:13:43 | 7:35:14 | 8:54:56 |
| 83 | A1007 | MOHD NOR AZMI BIN MOHD RODZI | 01:20:24 | 1:20:10 | 0:33:21 | 1:13:41 | 7:35:21 | 8:55:30 |
| 84 | A1115 | SYAHRIL LUFTI BIN SYAMSUL JOHAR SIMON | 01:20:55 | 1:20:47 | 0:34:05 | 1:15:36 | 7:35:14 | 8:56:01 |
| 85 | A1026 | MOHD KHAIRUL NIZAM BIN ISMAIL | 01:20:59 | 1:20:48 | 0:35:44 | 1:14:15 | 7:35:17 | 8:56:05 |
| 86 | A1009 | WONG TECK SING | 01:21:35 | 1:21:31 | 0:36:53 | 1:15:34 | 7:35:11 | 8:56:41 |
| 87 | A1039 | MOHD FAIZAL BIN AHMAD FAUZI | 01:22:17 | 1:22:10 | 0:34:22 | 1:16:08 | 7:35:13 | 8:57:23 |
| 88 | A1044 | MUHAMMAD NAIM BIN ZAINAL | 01:22:35 | 1:22:23 | 0:35:56 | 1:17:34 | 7:35:18 | 8:57:41 |
| 89 | A1008 | MOHD FADHLI BIN RAZALI | 01:23:16 | 1:23:00 | 0:36:27 | 1:17:10 | 7:35:22 | 8:58:22 |
| 90 | A6026 | ABDUL RAZAK MOHD NOR | 01:23:25 | 1:23:19 | 0:36:22 | 1:16:53 | 7:35:12 | 8:58:31 |
| 91 | A1094 | SYAZWAN BIN MOHD RODZI | 01:23:28 | 1:23:14 | 0:34:02 | 1:16:41 | 7:35:21 | 8:58:34 |
| 92 | A1048 | MOHD FAIZAL BIN MOKHTAR | 01:23:33 | 1:23:29 | 0:33:56 | 1:18:05 | 7:35:11 | 8:58:39 |
| 93 | A1108 | AMIR SYAFIQ BIN SHARUM | 01:23:33 | 1:23:21 | 0:36:43 | 1:17:19 | 7:35:19 | 8:58:39 |
| 94 | A1110 | MUHAMMAD TAUFUQ BIN ABDUL RAHMAN | 01:23:37 | 1:23:18 | 0:37:21 | 1:17:51 | 7:35:25 | 8:58:43 |
| 95 | A1095 | AHMAD IZWAN ABDULLAH ZAWAWI | 01:24:00 | 1:23:42 | 0:34:38 | 1:17:19 | 7:35:25 | 8:59:06 |
| 96 | A1021 | MOHD NOOR ZAINI BIN ZAINUDDIN | 01:24:15 | 1:23:58 | 0:33:16 | 1:16:30 | 7:35:23 | 8:59:21 |
| 97 | A1126 | MOHAMAD SYAZRUL AFFENDY BIN AHMAD RITAUDIN | 01:24:34 | 1:24:22 | 0:35:38 | 1:18:09 | 7:35:18 | 8:59:40 |
| 98 | A1059 | MOHD FAMI ZAINAL ABIDIN | 01:24:35 | 1:24:17 | 0:35:38 | 1:18:09 | 7:35:24 | 8:59:40 |
| 99 | A1018 | MUHAMAD ZABIDI BIN HASIM | 01:25:17 | 1:25:10 | 0:36:47 | 1:19:03 | 7:35:13 | 9:00:23 |
| 100 | A1111 | VIVEK AGARWAL | 01:25:21 | 1:25:01 | 0:38:03 | 1:18:39 | 7:35:27 | 9:00:27 |
| 101 | A6006 | MEGAT EDRUS MUSA | 01:25:34 | 1:25:16 | 0:38:15 | 1:19:46 | 7:35:24 | 9:00:40 |
| 102 | A1106 | MOHD HAFIZ BIN OMAR | 01:26:31 | 1:26:12 | 0:37:37 | 1:19:44 | 7:35:25 | 9:01:37 |
| 103 | A6002 | LOW WENG ONN | 01:27:09 | 1:27:01 | 0:39:14 | 1:19:51 | 7:35:15 | 9:02:15 |
| 104 | A6009 | PUTERA NUR AIDIL KAMARUDIN | 01:27:10 | 1:27:00 | 0:33:13 | 1:20:09 | 7:35:16 | 9:02:16 |
| 105 | A6021 | NABIL MUQRIZ YAHYA | 01:27:50 | 1:27:40 | 0:38:51 | 1:21:09 | 7:35:17 | 9:02:56 |
| 106 | A1081 | MOHD ZHAFFRI HASSAN | 01:30:31 | 1:30:18 | 0:40:35 | 1:24:06 | 7:35:19 | 9:05:37 |
| 107 | A1015 | ZAIMEE BIN MOHD NOR | 01:31:34 | 1:31:11 | 0:39:57 | 1:23:39 | 7:35:29 | 9:06:40 |
| 108 | A1112 | MUHAMMAD NADZREIN BIN JOHARI | 01:32:01 | 1:31:48 | 0:38:05 | 1:25:34 | 7:35:19 | 9:07:07 |
| 109 | A6024 | MOHD FAIZAL ABD JALIL | 01:32:19 | 1:32:06 | 0:37:55 | 1:25:34 | 7:35:20 | 9:07:25 |
| 110 | A1074 | HAZWAN BIN MOHD RAZUKHI | 01:33:48 | 1:33:37 | 0:42:23 | 1:27:46 | 7:35:17 | 9:08:53 |
| 111 | A1054 | MUHAMMAD KHAIRUL IZZAT BIN AMIR SHARIFUDIN | 01:35:33 | 1:35:21 | 0:43:30 | 1:29:06 | 7:35:18 | 9:10:39 |
| 112 | A1070 | MUHAMMAD AMIRULHAKIM MD EZZADIN | 01:35:35 | 1:35:15 | 0:41:57 | 1:28:45 | 7:35:26 | 9:10:41 |
| 113 | A1100 | MOHD FADZLI BIN NORDIN | 01:37:02 | 1:36:54 | 0:41:24 | 1:29:40 | 7:35:15 | 9:12:08 |
| 114 | A1036 | WAN ZUL AZIZI BIN WAN KAMARUDDIN | 01:38:29 | 1:38:25 | 0:41:59 | 1:30:13 | 7:35:11 | 9:13:35 |
| 115 | A6028 | ANUAR SULIMAN | 01:38:30 | 1:38:16 | 0:43:43 | 1:30:44 | 7:35:20 | 9:13:36 |
| 116 | A1049 | DZUL HANI ASYRAF BIN SAHAD | 01:39:07 | 1:38:52 | 0:42:59 | 1:31:09 | 7:35:21 | 9:14:13 |
| 117 | A1037 | MUHAMMAD ZAKI BIN MUHAMMAD | 01:39:40 | 1:27:06 | 0:49:21 | 1:34:22 | 7:47:40 | 9:14:46 |
| 118 | A1068 | MUHAMMAD IZZAT BIN MOHD AMIN | 01:43:59 | 1:43:54 | 0:43:57 | 1:35:21 | 7:35:12 | 9:19:05 |
| 119 | A1090 | BAMBANG ERYEN DENIN | 01:44:00 | 1:43:47 | 0:43:30 | 1:36:01 | 7:35:19 | 9:19:06 |
| 120 | A6020 | AHMAD FAIZ MOHD ZAKI | 01:44:25 | 1:44:14 | 0:43:05 | 1:36:01 | 7:35:18 | 9:19:31 |
| 121 | A1056 | SHEIKH FAIZ BIN SHEIKH IBRAHIM | 01:44:49 | 1:44:34 | 0:51:03 | 1:38:49 | 7:35:22 | 9:19:55 |
| 122 | A1113 | ABDUL HAKIM BIN BAKRI | 01:49:12 | 1:48:52 | 0:48:16 | 1:39:30 | 7:35:27 | 9:24:18 |
| 123 | A1043 | MOHAMAD SADIQ BIN ABDUL MALIM | 01:49:16 | 1:48:56 | 0:48:16 | 1:39:29 | 7:35:26 | 9:24:22 |
| 124 | A1086 | MUHAMMAD NASRI BIN MOHD NOOR | 01:49:16 | 1:48:57 | 0:48:17 | 1:39:29 | 7:35:26 | 9:24:22 |
| 125 | A1073 | MOHD RIDZWAN BIN MOHAMMAD MOHAMED MASOD | 01:52:13 | 1:52:10 | 0:50:07 | 1:42:32 | 7:35:10 | 9:27:19 |
| 126 | A1087 | MOHD SHAHRIZUL BIN AZIZ | 02:02:10 | 2:01:15 | 0:51:55 | 1:49:35 | 7:36:01 | 9:37:16 |
| 0 | A1093 | MOHD RIZAL BIN AHMAD RAZUKI | 01:09:39 | 1:09:24 | 0:35:12 | N/A | 7:35:22 | 8:44:45 |

Timing & Results by ChampionChip; Printed at 10/30/2016 at 11:09:06 AM

PKNS Antara Gapi Hill Run 2016

(2016-10-30)

Category Results

Location: Antara Gapi, Hulu Selangor Temp: 27°C Weather: Cloudy

Category: B - WOMEN OPEN 10KM

| RkCat | Bib | Name | Official_Time | Net_Time | CheckPoint_01_Time | CheckPoint_02_Time | Start_Time | Finish_Time | Remark |
|-------|-------|---|---------------|----------|--------------------|--------------------|------------|-------------|--------|
| 1 | B2031 | DANIELLE NANT | 00:43:32 | 0:43:28 | 0:19:39 | 0:40:03 | 7:35:10 | 8:18:38 | |
| 2 | B6011 | MICHELE TAN BEE KIANG | 00:48:28 | 0:48:22 | 0:21:55 | 0:44:45 | 7:35:13 | 8:23:34 | |
| 3 | B2016 | NORAZILAH BTE OSMAN | 00:53:29 | 0:53:26 | 0:23:13 | 0:49:06 | 7:35:09 | 8:28:35 | |
| 4 | B2018 | KIM KHOO | 00:54:24 | 0:54:20 | 0:24:12 | 0:50:18 | 7:35:10 | 8:29:30 | |
| 5 | B2010 | KANAKESWARI DHARMA | 01:09:59 | 1:09:55 | 0:29:10 | 1:04:05 | 7:35:11 | 8:45:05 | |
| 6 | B2025 | SALLEY VENDA LAW | 01:10:43 | 1:10:20 | 0:31:44 | 1:06:03 | 7:35:29 | 8:45:49 | |
| 7 | B2028 | NUR SYAHIRAH BINTI MOHD NOR | 01:12:16 | 1:12:08 | 0:30:57 | 1:06:57 | 7:35:15 | 8:47:22 | |
| 8 | B2007 | LOK PUI GUAN | 01:12:40 | 1:12:19 | 0:32:15 | 1:07:27 | 7:35:27 | 8:47:46 | |
| 9 | B2037 | NOOR FATIHAH BINTI ABU BAKAR | 01:23:27 | 1:23:21 | 0:37:08 | 1:17:10 | 7:35:13 | 8:58:33 | |
| 10 | B2013 | ELYA GEORGE | 01:25:20 | 1:24:58 | 0:38:02 | 1:18:39 | 7:35:28 | 9:00:26 | |
| 11 | B2012 | NORZITA BINTI ZAKARIA | 01:28:37 | 1:28:29 | 0:37:06 | 1:22:05 | 7:35:14 | 9:03:43 | |
| 12 | B2022 | NURFAHZLIN ELIYANA BINTI MOHAMAD KHALIFAH | 01:29:15 | 1:28:57 | 0:40:10 | 1:22:38 | 7:35:24 | 9:04:21 | |
| 13 | B6029 | MOR MURNIE MOHAMED NOR | 01:30:57 | 1:30:44 | 0:37:29 | 1:23:10 | 7:35:19 | 9:06:03 | |
| 14 | B2006 | NOOR AZILA BINTI SADALI | 01:32:18 | 1:31:56 | 0:39:44 | 1:25:49 | 7:35:29 | 9:07:24 | |
| 15 | B2019 | ROSALIZA BINTI MOHD SARIT | 01:32:19 | 1:32:09 | 0:40:28 | 1:25:26 | 7:35:16 | 9:07:25 | |
| 16 | B2034 | HENG ZI WEN | 01:33:47 | 1:33:38 | 0:41:09 | 1:26:59 | 7:35:15 | 9:08:53 | |
| 17 | B2035 | SIAO CHIEW HONG | 01:37:04 | 1:36:51 | 0:35:52 | 1:27:38 | 7:35:19 | 9:12:10 | |
| 18 | B2011 | SITI ZULAIKHA HUSSIN | 01:38:28 | 1:38:19 | 0:43:23 | 1:30:30 | 7:35:16 | 9:13:34 | |
| 19 | B2029 | NORAZLINDA BINTI RAMLI | 01:38:29 | 1:38:21 | 0:42:32 | 1:30:19 | 7:35:14 | 9:13:34 | |
| 20 | B2020 | SITI KHADIJAH BINTI SALLEH | 01:38:43 | 1:38:34 | 0:40:16 | 1:31:55 | 7:35:15 | 9:13:49 | |
| 21 | B2002 | ROZALIA BINTI MOHAMAD ZIN | 01:38:43 | 1:38:34 | 0:40:16 | 1:31:55 | 7:35:15 | 9:13:49 | |
| 22 | B2026 | NURDIYANA BINTI ZAINAL ABIDIN | 01:39:07 | 1:38:52 | 0:42:58 | 1:31:09 | 7:35:21 | 9:14:13 | |
| 23 | B2033 | NURFARHANA BTE AMIRULDIN | 01:42:50 | 1:42:39 | 0:42:43 | 1:34:53 | 7:35:17 | 9:17:56 | |
| 24 | B2017 | NORHANIZA MD ARIS | 01:43:05 | 1:42:54 | 0:42:39 | 1:34:24 | 7:35:18 | 9:18:11 | |
| 25 | B2009 | NORHAFIZAH BINTI AHMAD JUNAIDI | 01:44:19 | 1:44:08 | 0:41:35 | 1:35:47 | 7:35:17 | 9:19:25 | |
| 26 | B2027 | NURUL JANNAH BINTI RAMLI | 01:47:01 | 1:46:53 | 0:45:01 | 1:38:30 | 7:35:14 | 9:22:07 | |
| 27 | B2030 | IRMA ARISSA BINTI ABDULLAH | 01:49:13 | 1:49:01 | 0:46:48 | 1:39:19 | 7:35:18 | 9:24:18 | |
| 28 | B2024 | NOOR ASNA BINTI ZAHARI | 01:52:14 | 1:52:11 | 0:50:17 | 1:42:30 | 7:35:10 | 9:27:20 | |
| 29 | B2008 | NORHAMIZAH HAZIRAH BINTI TAJUDDIN | 01:52:18 | 1:52:08 | 0:46:51 | 1:41:53 | 7:35:16 | 9:27:23 | |
| 30 | B2004 | HON CHAI LI | 01:56:55 | 1:56:42 | 0:46:45 | 1:46:28 | 7:35:19 | 9:32:01 | |
| 31 | B2005 | SIM YEN PING | 01:56:56 | 1:56:43 | 0:51:17 | 1:46:28 | 7:35:19 | 9:32:02 | |
| 32 | B2003 | ONG MENG CHEOK | 01:56:56 | 1:56:44 | 0:46:46 | 1:46:31 | 7:35:19 | 9:32:02 | |
| 0 | B6012 | NRHASNIZAM BT BAHARUDIN | 01:35:40 | 1:35:31 | 0:51:00 | N/A | 7:35:15 | 9:10:46 | |
| 0 | B6013 | FATIMAH BT SULAIMAN | 01:35:39 | 1:35:31 | 0:50:59 | N/A | 7:35:15 | 9:10:45 | |
| 0 | B2038 | LOW XIN YAN | 01:35:15 | 1:35:09 | N/A | 1:25:13 | 7:35:12 | 9:10:21 | |

Timing & Results by ChampionChip; Printed at 10/30/2016 at 11:11:40 AM

PKNS Antara Gapi Hill Run 2016

(2016-10-30)

Category Results

Location: Antara Gapi, Hulu Selangor Temp: 27°C Weather: Cloudy

Category: C - MEN VETERAN 10KM

| RkCat | Bib | Name | Official_Time | Net_Time | CheckPoint_01_Time | CheckPoint_02_Time | Start_Time | Finish_Time | Remark |
|-------|-------|------------------------------------|---------------|----------|--------------------|--------------------|------------|-------------|--------|
| 1 | C3074 | JACOB KIBIWOT KITUR | 00:37:22 | 0:37:17 | 0:16:42 | 0:34:21 | 7:35:11 | 8:12:28 | |
| 2 | C6015 | VADIVEELU A/L ARUMUGAM | 00:40:00 | 0:39:58 | 0:18:02 | 0:36:48 | 7:35:09 | 8:15:06 | |
| 3 | C3054 | CASEY | 00:40:48 | 0:40:44 | 0:18:42 | 0:37:38 | 7:35:10 | 8:15:54 | |
| 4 | C3060 | ONG KHANG KIAT | 00:42:35 | 0:42:32 | 0:19:03 | 0:39:16 | 7:35:10 | 8:17:41 | |
| 5 | C3001 | SILAHUDDIN SALIM | 00:45:55 | 0:45:49 | 0:20:55 | 0:42:18 | 7:35:13 | 8:21:01 | |
| 6 | C3016 | AHMAD HADAFI JUS | 00:50:18 | 0:50:11 | 0:22:44 | 0:46:32 | 7:35:13 | 8:25:24 | |
| 7 | C3070 | NORIZHAM BIN MOHD NUDIN | 00:50:56 | 0:50:52 | 0:22:07 | 0:46:53 | 7:35:10 | 8:26:02 | |
| 8 | C3061 | ABU HANIFAH LIM BIN ABDULAH | 00:51:00 | 0:50:55 | 0:22:35 | 0:47:13 | 7:35:11 | 8:26:06 | |
| 9 | C3014 | LEE YIEW | 00:51:50 | 0:51:43 | 0:23:51 | 0:47:53 | 7:35:13 | 8:26:56 | |
| 10 | C3033 | TAMIZI BIN SALLEH | 00:52:27 | 0:52:23 | 0:23:00 | 0:48:23 | 7:35:10 | 8:27:33 | |
| 11 | C3049 | AZIZAN MOHAMED | 00:52:28 | 0:52:24 | 0:23:15 | 0:48:50 | 7:35:10 | 8:27:34 | |
| 12 | C3066 | ZULBAHARI BIN LADAT | 00:54:00 | 0:53:56 | 0:23:55 | 0:50:05 | 7:35:10 | 8:29:06 | |
| 13 | C3071 | VINCENT ENG BOON SAIN | 00:54:04 | 0:53:59 | 0:23:37 | 0:49:34 | 7:35:11 | 8:29:10 | |
| 14 | C3047 | ZAMRI BIN AWANG | 00:54:21 | 0:54:13 | 0:24:17 | 0:50:22 | 7:35:14 | 8:29:27 | |
| 15 | C3055 | ZHRUL ADZMI BIN MD SALEH | 00:54:36 | 0:54:33 | 0:25:08 | 0:50:34 | 7:35:10 | 8:29:42 | |
| 16 | C3019 | HASBULLAH BIN ADAM | 00:55:47 | 0:55:42 | 0:24:59 | 0:51:45 | 7:35:11 | 8:30:53 | |
| 17 | C3005 | YAP YEW FOOK | 00:56:01 | 0:55:53 | 0:25:42 | 0:51:52 | 7:35:15 | 8:31:07 | |
| 18 | C6016 | KANNEN A/L BALAKRISHNAN | 00:57:02 | 0:56:56 | 0:26:46 | 0:53:04 | 7:35:12 | 8:32:08 | |
| 19 | C3050 | CHUAH TSUNG HUAT | 00:57:34 | 0:57:29 | 0:26:27 | 0:53:22 | 7:35:11 | 8:32:40 | |
| 20 | C3035 | ISMAIL BIN YUSOF | 00:58:48 | 0:58:44 | 0:25:37 | 0:54:23 | 7:35:10 | 8:33:54 | |
| 21 | C3043 | LEE KOK WEE | 00:59:43 | 0:59:32 | 0:27:33 | 0:55:19 | 7:35:17 | 8:34:49 | |
| 22 | C3009 | CHEW SUN PEANG | 01:00:06 | 0:59:57 | 0:25:48 | 0:55:36 | 7:35:16 | 8:35:12 | |
| 23 | C3007 | WESLEY SOO | 01:00:34 | 1:00:19 | 0:28:15 | 0:56:02 | 7:35:22 | 8:35:40 | |
| 24 | C3025 | SAW WAI KEAN | 01:01:53 | 1:01:43 | 0:28:56 | 0:57:28 | 7:35:17 | 8:36:59 | |
| 25 | C3002 | IKHWAN NASIR BIN ABU HANIPAH | 01:02:14 | 1:02:02 | 0:27:00 | 0:57:21 | 7:35:18 | 8:37:20 | |
| 26 | C3038 | MOHD FAUZI BIN MOHAMMED SAIF | 01:03:43 | 1:03:33 | 0:27:57 | 0:59:00 | 7:35:16 | 8:38:49 | |
| 27 | C3006 | TAN HOCK CHAI | 01:04:17 | 1:04:11 | 0:28:44 | 0:59:24 | 7:35:13 | 8:39:23 | |
| 28 | C3034 | CHOW CHEE CHOON | 01:04:17 | 1:04:06 | 0:27:27 | 0:59:37 | 7:35:18 | 8:39:23 | |
| 29 | C3068 | ROEL LABISTE ALMEDA | 01:04:35 | 1:04:32 | 0:27:44 | 0:59:03 | 7:35:10 | 8:39:41 | |
| 30 | C3073 | LOW YEW FEI | 01:04:44 | 1:04:36 | 0:29:16 | 0:59:52 | 7:35:14 | 8:39:50 | |
| 31 | C3017 | AB RAHMAN AHMAD | 01:04:48 | 1:04:31 | 0:28:06 | 0:59:48 | 7:35:23 | 8:39:54 | |
| 32 | C3011 | LEE CHEE MUN | 01:06:10 | 1:05:54 | 0:31:14 | 1:01:29 | 7:35:23 | 8:41:16 | |
| 33 | C3037 | LEE KOK JOON | 01:06:40 | 1:06:29 | 0:29:06 | 1:01:30 | 7:35:17 | 8:41:46 | |
| 34 | C3031 | MOHAMAD NASIR BIN SAAD | 01:06:56 | 1:06:47 | 0:29:18 | 1:01:47 | 7:35:15 | 8:42:02 | |
| 35 | C3015 | ESSY CHOO ANG CHAI | 01:07:11 | 1:06:55 | 0:31:10 | 1:02:48 | 7:35:22 | 8:42:17 | |
| 36 | C3040 | WAN AZAMI BIN WAN IDRIS | 01:07:38 | 1:07:19 | 0:30:49 | 1:02:42 | 7:35:25 | 8:42:44 | |
| 37 | C3062 | ADANAN BIN SIDEK | 01:07:38 | 1:07:29 | 0:29:51 | 1:02:32 | 7:35:15 | 8:42:44 | |
| 38 | C3008 | LIM SOON TAT | 01:08:25 | 1:08:10 | 0:29:24 | 1:03:39 | 7:35:21 | 8:43:31 | |
| 39 | C3044 | MOHAMAD YUSRI YAN | 01:10:18 | 1:09:59 | 0:30:08 | 1:05:10 | 7:35:26 | 8:45:24 | |
| 40 | C3056 | ROSNEY B ABDUL RANI | 01:10:18 | 1:10:05 | 0:30:23 | 1:04:40 | 7:35:20 | 8:45:24 | |
| 41 | C3020 | MAFEITZERAL MAMAT | 01:11:52 | 1:11:35 | 0:30:44 | 1:06:24 | 7:35:24 | 8:46:58 | |
| 42 | C3059 | MOHAMAD ZAMRI BIN HASHIM | 01:12:09 | 1:11:51 | 0:31:46 | 1:07:04 | 7:35:24 | 8:47:15 | |
| 43 | C3072 | LOW KIM HOCK | 01:12:47 | 1:12:42 | 0:30:46 | 1:07:22 | 7:35:12 | 8:47:53 | |
| 44 | C3010 | LIE KOK KEONG | 01:14:57 | 1:14:44 | 0:33:02 | 1:09:16 | 7:35:20 | 8:50:03 | |
| 45 | C3004 | TAN CHEE KIONG | 01:15:04 | 1:14:50 | 0:33:02 | 1:09:10 | 7:35:20 | 8:50:10 | |
| 46 | C3013 | OWEN TENG | 01:15:14 | 1:14:57 | 0:33:02 | 1:09:18 | 7:35:23 | 8:50:20 | |
| 47 | C3003 | LIM ENG HWA | 01:15:17 | 1:15:07 | 0:31:42 | 1:08:38 | 7:35:17 | 8:50:23 | |
| 48 | C3052 | MOHD YUTI BIN MD DAUD | 01:17:44 | 1:17:28 | 0:33:10 | 1:11:43 | 7:35:22 | 8:52:50 | |
| 49 | C3032 | ABU BAKAR BIN OMAR | 01:17:56 | 1:17:47 | 0:32:31 | 1:12:06 | 7:35:16 | 8:53:02 | |
| 50 | C3069 | MOHAMAD NAFIAH BIN HUSSIAN | 01:18:12 | 1:18:03 | 0:30:22 | 1:11:51 | 7:35:16 | 8:53:18 | |
| 51 | C3041 | JOHARI B ZULKIFLI | 01:18:18 | 1:18:02 | 0:34:20 | 1:12:16 | 7:35:23 | 8:53:24 | |
| 52 | C3026 | LIM LEE WAH | 01:20:53 | 1:20:49 | 0:34:18 | 1:15:38 | 7:35:10 | 8:55:59 | |
| 53 | C3045 | MOHD KAMAL BIN ZAN | 01:22:24 | 1:22:13 | 0:35:22 | 1:16:20 | 7:35:18 | 8:57:30 | |
| 54 | C3027 | CHENG CHEE WOI | 01:22:30 | 1:22:21 | 0:37:35 | 1:16:29 | 7:35:16 | 8:57:36 | |
| 55 | C3042 | CHEAH CHEE PEOW | 01:25:25 | 1:25:12 | 0:36:11 | 1:18:34 | 7:35:20 | 9:00:31 | |
| 56 | C3028 | CHAN HOCK LYE | 01:26:16 | 1:26:06 | 0:37:34 | 1:19:37 | 7:35:16 | 9:01:22 | |
| 57 | C3022 | SYAHRIL ANUAR BIN BASHEER ALI | 01:26:41 | 1:26:36 | 0:35:09 | 1:20:14 | 7:35:11 | 9:01:47 | |
| 58 | C3021 | WAN AZRIZUL AZAD BIN ZAINAL ABIDIN | 01:26:55 | 1:26:37 | 0:38:34 | 1:20:23 | 7:35:24 | 9:02:01 | |
| 59 | C3046 | IZENAN B BASAR | 01:28:51 | 1:28:43 | 0:40:42 | 1:22:39 | 7:35:14 | 9:03:57 | |
| 60 | C3029 | KAMARULZAMAN BIN JAAFAR | 01:29:11 | 1:28:55 | 0:35:58 | 1:21:42 | 7:35:22 | 9:04:17 | |
| 61 | C3075 | MAHFIZUL RUSYDIN BIN ABDUL RASHID | 01:31:23 | 1:31:08 | 0:41:06 | 1:24:46 | 7:35:22 | 9:06:29 | |
| 62 | C3051 | MOHD FAUZI BIN AHMAD DZAKI | 01:31:53 | 1:31:47 | 0:41:37 | 1:25:00 | 7:35:13 | 9:06:59 | |
| 63 | C3023 | AHMAD JUNAIDI BIN TAJUDDIN | 01:44:35 | 1:44:25 | 0:41:51 | 1:35:47 | 7:35:17 | 9:19:41 | |
| 64 | C3057 | RAHIM BIN RAHMAT | 02:02:10 | 2:02:03 | 0:48:19 | 1:49:36 | 7:35:13 | 9:37:16 | |

PKNS Antara Gapi Hill Run 2016

(2016-10-30)

Category Results

Location: Antara Gapi, Hulu Selangor Temp: 27°C Weather: Cloudy

Category: D - WOMEN VETERAN 10KM

| RkCat | Bib | Name | Official_Time | Net_Time | CheckPoint_01_Time | CheckPoint_02_Time | Start_Time | Finish_Time | Remark |
|-------|-------|---------------------------------|---------------|----------|--------------------|--------------------|------------|-------------|--------|
| 1 | D4005 | SUSAN KHOO | 00:50:24 | 0:50:20 | 0:22:35 | 0:46:25 | 7:35:10 | 8:25:30 | |
| 2 | D4012 | LORNA WONG | 00:50:58 | 0:50:54 | 0:23:11 | 0:47:10 | 7:35:11 | 8:26:04 | |
| 3 | D4013 | LIAN BEE HOON | 00:51:37 | 0:51:34 | 0:23:47 | 0:47:44 | 7:35:10 | 8:26:43 | |
| 4 | D4003 | LEE KHUM CHIEW | 00:52:26 | 0:52:23 | 0:23:20 | 0:48:23 | 7:35:09 | 8:27:32 | |
| 5 | D4004 | GOH KIM HONG | 00:57:40 | 0:57:35 | 0:25:51 | 0:53:19 | 7:35:12 | 8:32:46 | |
| 6 | D4021 | LUI YOKE HING | 01:02:31 | 1:02:24 | 0:27:26 | 0:57:45 | 7:35:13 | 8:37:37 | |
| 7 | D4015 | CHE ROHANI MEZAH | 01:03:11 | 1:03:08 | 0:27:21 | 0:58:12 | 7:35:09 | 8:38:17 | |
| 8 | D4017 | KEH BEE HON | 01:04:01 | 1:03:55 | 0:28:09 | 0:59:09 | 7:35:12 | 8:39:07 | |
| 9 | D6017 | YEOW CHAE YIN | 01:06:44 | 1:06:36 | 0:29:49 | 1:01:49 | 7:35:14 | 8:41:50 | |
| 10 | D4014 | CARYL NANT | 01:10:57 | 1:10:47 | 0:29:23 | 1:05:23 | 7:35:16 | 8:46:03 | |
| 11 | D4001 | NUR LAILI CHEE BT ABDULLAH | 01:19:57 | 1:19:54 | 0:33:39 | 1:13:43 | 7:35:09 | 8:55:03 | |
| 12 | D4019 | TAN YOKE BEE | 01:26:32 | 1:26:22 | 0:36:46 | 1:20:03 | 7:35:16 | 9:01:38 | |
| 13 | D4008 | NOR ALIAH BINTI MOHD YUSOF | 01:27:53 | 1:27:49 | 0:38:47 | 1:21:02 | 7:35:11 | 9:02:59 | |
| 14 | D6018 | AMNAH BT SULAIMAN | 01:31:20 | 1:31:11 | 0:38:45 | 1:22:24 | 7:35:15 | 9:06:26 | |
| 15 | D4018 | TAN SEW YOKE | 01:32:59 | 1:32:53 | 0:38:53 | 1:25:31 | 7:35:12 | 9:08:05 | |
| 16 | D4009 | AISAH BINTI SEYDALAVI | 01:35:54 | 1:35:49 | 0:41:33 | 1:28:29 | 7:35:12 | 9:11:00 | |
| 17 | D4016 | WAN NORAZIAH BINTI WAN ABD AZIZ | 01:41:49 | 1:41:38 | 0:44:30 | 1:33:38 | 7:35:17 | 9:16:55 | |
| 18 | D4011 | MASYITAH CHOON | 01:44:14 | 1:44:09 | 0:44:37 | 1:35:18 | 7:35:12 | 9:19:20 | |
| 19 | D4007 | TAN YOKE CHENG | 01:47:03 | 1:46:55 | 0:45:50 | 1:38:36 | 7:35:14 | 9:22:09 | |
| 0 | D4006 | TAN YOKE LIAN | 01:43:29 | 1:43:23 | 0:50:44 | N/A | 7:35:13 | 9:18:35 | |
| 0 | D4020 | MENG LAN | 01:35:34 | 1:35:29 | 0:51:15 | N/A | 7:35:12 | 9:10:40 | |

Timing & Results by ChampionChip; Printed at 10/30/2016 at 11:12:01 AM

PKNS Antara Gapi Hill Run 2016

(2016-10-30)

Men Only 10KM Results

Location: Antara Gapi, Hulu Selangor Temp: 27°C Weather: Cloudy

| RkMix | RkCat | Bib | Name | Official_Time | Net_Time | CheckPoint_01_Time | CheckPoint_02_Time | Start_Time | Finish_Time | Remark |
|-------|-------|-------|---|---------------|----------|--------------------|--------------------|------------|-------------|-----------------------|
| 1 | 1 | A1128 | GODFREY KIPROTICH NGETICH | 00:33:11 | 0:33:06 | 0:15:08 | 0:30:35 | 7:35:12 | 8:08:17 | |
| 2 | 2 | A1114 | MUINDI ONESMUS | 00:33:16 | 0:33:10 | 0:15:08 | 0:30:41 | 7:35:12 | 8:08:22 | |
| 3 | 3 | A1088 | COSMAS CHERUIYOT MARINDICH | 00:34:21 | 0:34:18 | 0:15:09 | 0:31:26 | 7:35:10 | 8:09:27 | Not entitle for prize |
| 4 | 4 | A6004 | JAMES KARANJA | 00:35:10 | 0:35:06 | 0:15:28 | 0:32:19 | 7:35:11 | 8:10:16 | Not entitle for prize |
| 5 | 5 | A1102 | RUTTO JOHN KIPKORIR | 00:36:41 | 0:36:38 | 0:16:17 | 0:33:39 | 7:35:10 | 8:11:47 | Not entitle for prize |
| 6 | 6 | A1127 | NOAH KUTUNG CHEPSENGON | 00:37:11 | 0:37:07 | 0:16:44 | 0:34:13 | 7:35:11 | 8:12:17 | Not entitle for prize |
| 7 | 1 | C3074 | JACOB KIBIWOT KITUR | 00:37:22 | 0:37:17 | 0:16:42 | 0:34:21 | 7:35:11 | 8:12:28 | |
| 8 | 7 | A1016 | ANAS BIN ROSLI | 00:38:48 | 0:38:46 | 0:17:26 | 0:35:47 | 7:35:09 | 8:13:54 | |
| 9 | 2 | C6015 | VADIVELU A/L ARUMUGAM | 00:40:00 | 0:39:58 | 0:18:02 | 0:36:48 | 7:35:09 | 8:15:06 | |
| 10 | 3 | C3054 | CASEY | 00:40:48 | 0:40:44 | 0:18:42 | 0:37:38 | 7:35:10 | 8:15:54 | |
| 11 | 8 | A1063 | GOVINDA | 00:42:23 | 0:42:20 | 0:19:35 | 0:39:18 | 7:35:10 | 8:17:29 | |
| 12 | 4 | C3060 | ONG KHANG KIAT | 00:42:35 | 0:42:32 | 0:19:03 | 0:39:16 | 7:35:10 | 8:17:41 | |
| 13 | 9 | A1104 | AVINASHWER AUSTIN | 00:44:03 | 0:44:00 | 0:20:03 | 0:40:35 | 7:35:09 | 8:19:09 | |
| 14 | 10 | A6010 | OSMAN BIN JAMALUDDIN | 00:44:32 | 0:44:27 | 0:20:02 | 0:40:59 | 7:35:12 | 8:19:38 | |
| 15 | 11 | A1121 | ABDULLAH SAHLAN | 00:45:15 | 0:45:11 | 0:20:59 | 0:41:56 | 7:35:10 | 8:20:21 | |
| 16 | 12 | A1123 | KHAIRUL AZMI BIN MOHD ALI | 00:45:23 | 0:45:19 | 0:19:42 | 0:41:53 | 7:35:10 | 8:20:29 | |
| 17 | 5 | C3001 | SILAHUDDIN SALIM | 00:45:55 | 0:45:49 | 0:20:55 | 0:42:18 | 7:35:13 | 8:21:01 | |
| 18 | 13 | A1042 | MOHD SABRI CHE DAUD | 00:47:04 | 0:47:00 | 0:20:34 | 0:43:22 | 7:35:10 | 8:22:10 | |
| 19 | 14 | A1040 | MUHAMMAD RIFYAL BIN NASRIL | 00:49:34 | 0:49:30 | 0:21:55 | 0:45:24 | 7:35:11 | 8:24:40 | |
| 20 | 15 | A1004 | MOHAMAD HAZUWAN BIN HARIS | 00:49:55 | 0:49:49 | 0:21:38 | 0:45:48 | 7:35:12 | 8:25:01 | |
| 21 | 16 | A1109 | AZALI BIN IDRIS | 00:50:10 | 0:50:05 | 0:22:31 | 0:46:19 | 7:35:11 | 8:25:16 | |
| 22 | 6 | C3016 | AHMAD HADAFI JUS | 00:50:18 | 0:50:11 | 0:22:44 | 0:46:32 | 7:35:13 | 8:25:24 | |
| 23 | 17 | A1017 | AZHAR BIN ROSLI | 00:50:37 | 0:50:33 | 0:22:09 | 0:46:42 | 7:35:11 | 8:25:43 | |
| 24 | 18 | A1024 | HASIF NOORHAFIZ BIN DAMAHURI | 00:50:53 | 0:50:42 | 0:22:51 | 0:47:10 | 7:35:18 | 8:25:59 | |
| 25 | 7 | C3070 | NORIZHAM BIN MOHD NUDIN | 00:50:56 | 0:50:52 | 0:22:07 | 0:46:53 | 7:35:10 | 8:26:02 | |
| 26 | 8 | C3061 | ABU HANIFAH LIM BIN ABDULAH | 00:51:00 | 0:50:55 | 0:22:35 | 0:47:13 | 7:35:11 | 8:26:06 | |
| 27 | 19 | A1119 | MUHAMAD SUFI AMARUL BIN AZLI | 00:51:28 | 0:51:23 | 0:22:07 | 0:47:18 | 7:35:11 | 8:26:34 | |
| 28 | 20 | A1003 | VESTADIUS JOBI | 00:51:45 | 0:51:42 | 0:22:30 | 0:47:34 | 7:35:09 | 8:26:51 | |
| 29 | 9 | C3014 | LEE YIEW | 00:51:50 | 0:51:43 | 0:23:51 | 0:47:53 | 7:35:13 | 8:26:56 | |
| 30 | 10 | C3033 | TAMIZI BIN SALLEH | 00:52:27 | 0:52:23 | 0:23:00 | 0:48:23 | 7:35:10 | 8:27:33 | |
| 31 | 11 | C3049 | AZIZAN MOHAMED | 00:52:28 | 0:52:24 | 0:23:15 | 0:48:50 | 7:35:10 | 8:27:34 | |
| 32 | 12 | C3066 | ZULBAHARI BIN LADAT | 00:54:00 | 0:53:56 | 0:23:55 | 0:50:05 | 7:35:10 | 8:29:06 | |
| 33 | 13 | C3071 | VINCENT ENG BOON SAIN | 00:54:04 | 0:53:59 | 0:23:37 | 0:49:34 | 7:35:11 | 8:29:10 | |
| 34 | 21 | A1083 | AHMAD YUZAIRY BIN MOHD LASA | 00:54:09 | 0:54:01 | 0:24:52 | 0:50:14 | 7:35:14 | 8:29:15 | |
| 35 | 14 | C3047 | ZAMRI BIN AWANG | 00:54:21 | 0:54:13 | 0:24:17 | 0:50:22 | 7:35:14 | 8:29:27 | |
| 36 | 22 | A1125 | SHUHAIIDI FITRI BIN JUSOP | 00:54:25 | 0:54:19 | 0:24:46 | 0:50:29 | 7:35:12 | 8:29:31 | |
| 37 | 15 | C3055 | ZAHRLUDZMI BIN MD SALEH | 00:54:36 | 0:54:33 | 0:25:08 | 0:50:34 | 7:35:10 | 8:29:42 | |
| 38 | 23 | A1029 | MUHAMAD NAZAR AHMAD ZAIDI | 00:54:39 | 0:54:34 | 0:25:19 | 0:50:40 | 7:35:11 | 8:29:45 | |
| 39 | 24 | A1079 | MUHAMMAD FARHAN BIN AZLAN | 00:54:55 | 0:54:51 | 0:24:10 | 0:50:44 | 7:35:11 | 8:30:01 | |
| 40 | 25 | A1047 | MOHD SHAHIZZAN BIN ABDUL RAHMAN | 00:55:22 | 0:55:12 | 0:26:01 | 0:51:16 | 7:35:17 | 8:30:28 | |
| 41 | 16 | C3019 | HASBULLAH BIN ADAM | 00:55:47 | 0:55:42 | 0:24:59 | 0:51:45 | 7:35:11 | 8:30:53 | |
| 42 | 17 | C3005 | YAP YEW FOOK | 00:56:01 | 0:55:53 | 0:25:42 | 0:51:52 | 7:35:15 | 8:31:07 | |
| 43 | 18 | C6016 | KANNEN A/L BALAKRISHNAN | 00:57:02 | 0:56:56 | 0:26:46 | 0:53:04 | 7:35:12 | 8:32:08 | |
| 44 | 26 | A1078 | CHANEL WILFRED DANIEL | 00:57:04 | 0:56:55 | 0:26:36 | 0:52:58 | 7:35:15 | 8:32:10 | |
| 45 | 27 | A1071 | DAZRUL YUSRI BIN ZUAL HASNAN | 00:57:16 | 0:57:00 | 0:26:22 | 0:53:03 | 7:35:23 | 8:32:22 | |
| 46 | 28 | A1085 | MOHD ZAIN BIN ABDUL RAHMAN | 00:57:18 | 0:57:12 | 0:24:05 | 0:52:41 | 7:35:12 | 8:32:24 | |
| 47 | 29 | A6007 | MUHAMMAD DANIAL SHAMSUL KAMAL | 00:57:18 | 0:57:10 | 0:26:35 | 0:53:05 | 7:35:15 | 8:32:24 | |
| 48 | 19 | C3050 | CHUAH TSUNG HUAT | 00:57:34 | 0:57:29 | 0:26:27 | 0:53:22 | 7:35:11 | 8:32:40 | |
| 49 | 30 | A1019 | MUHAMMAD AZFAR ZAQQWAN BIN MUHAMAD ZABIDI | 00:57:52 | 0:57:47 | 0:24:26 | 0:53:59 | 7:35:12 | 8:32:58 | |
| 50 | 31 | A1076 | MUHAMMAD HASRIZAL BIN RASHID | 00:58:07 | 0:58:02 | 0:24:46 | 0:53:21 | 7:35:11 | 8:33:13 | |
| 51 | 32 | A1032 | MUHAMMAD BIN ROSLI | 00:58:11 | 0:58:09 | 0:25:54 | 0:53:57 | 7:35:09 | 8:33:17 | |
| 52 | 20 | C3035 | ISMAIL BIN YUSOF | 00:58:48 | 0:58:44 | 0:25:37 | 0:54:23 | 7:35:10 | 8:33:54 | |
| 53 | 33 | A1061 | MOHD SHAFIQ BIN MOHD HANIF | 00:58:50 | 0:58:45 | 0:25:09 | 0:54:05 | 7:35:11 | 8:33:56 | |
| 54 | 34 | A1052 | MOHD SHAHROL BIN RUSMAN | 00:59:18 | 0:58:56 | 0:28:15 | 0:54:57 | 7:35:28 | 8:34:24 | |
| 55 | 35 | A1091 | MOHD RIZAL BIN KAMARULZAMAN | 00:59:38 | 0:59:34 | 0:25:25 | 0:54:54 | 7:35:11 | 8:34:44 | |
| 56 | 21 | C3043 | LEE KOK WEE | 00:59:43 | 0:59:32 | 0:27:33 | 0:55:19 | 7:35:17 | 8:34:49 | |
| 57 | 22 | C3009 | CHEW SUN PEANG | 01:00:06 | 0:59:57 | 0:25:48 | 0:55:36 | 7:35:16 | 8:35:12 | |
| 58 | 36 | A1118 | RAJA NABILA BIN RUSDI | 01:00:18 | 1:00:11 | 0:25:41 | 0:56:02 | 7:35:13 | 8:35:24 | |
| 59 | 23 | C3007 | WESLEY SOO | 01:00:34 | 1:00:19 | 0:28:15 | 0:56:02 | 7:35:22 | 8:35:40 | |
| 60 | 37 | A1069 | MUHAMMAD AFIF BIN ARIFFIN | 01:01:20 | 1:01:08 | 0:26:15 | 0:56:46 | 7:35:19 | 8:36:26 | |
| 61 | 38 | A1041 | MUHAMMAT ZAKIR BIN RAHMAN | 01:01:24 | 1:01:20 | 0:27:16 | 0:56:35 | 7:35:10 | 8:36:30 | |
| 62 | 39 | A1060 | MUHAMMAD ASLAM FARIHEEN BIN ARIPIIN | 01:01:26 | 1:01:11 | 0:26:28 | 0:57:11 | 7:35:22 | 8:36:32 | |
| 63 | 40 | A1058 | MUHAMAD MUIZ MUZAMMIL BIN MUKHTAR | 01:01:36 | 1:01:21 | 0:28:18 | 0:57:20 | 7:35:21 | 8:36:42 | |
| 64 | 41 | A1065 | MOHAMMAD RAFIYUDDIN BIN MD ROZI | 01:01:52 | 1:01:33 | 0:26:58 | 0:56:54 | 7:35:25 | 8:36:57 | |
| 65 | 24 | C3025 | SAW WAI KEAN | 01:01:53 | 1:01:43 | 0:28:56 | 0:57:28 | 7:35:17 | 8:36:59 | |
| 66 | 25 | C3002 | IKHWAN NASIR BIN ABU HANIPAH | 01:02:14 | 1:02:02 | 0:27:00 | 0:57:21 | 7:35:18 | 8:37:20 | |
| 67 | 42 | A1117 | FIRMAN HASANI BIN SULAIMAN | 01:02:38 | 1:02:30 | 0:27:17 | 0:58:05 | 7:35:14 | 8:37:44 | |
| 68 | 43 | A1028 | RAZMAN BIN RAMLI | 01:02:40 | 1:02:34 | 0:27:18 | 0:57:31 | 7:35:12 | 8:37:46 | |
| 69 | 44 | A1035 | AHMAD BAHILI BIN IDRUS | 01:03:07 | 1:03:01 | 0:26:44 | 0:58:11 | 7:35:13 | 8:38:13 | |
| 70 | 45 | A1129 | MUHAMMAD ZUHAIRI B. BORHAN | 01:03:15 | 1:03:04 | 0:27:44 | 0:58:40 | 7:35:18 | 8:38:21 | |
| 71 | 46 | A1124 | HISYAMHUDY BIN KAMARY | 01:03:17 | 1:03:17 | 0:28:58 | 0:58:43 | 7:35:06 | 8:38:23 | |
| 72 | 26 | C3038 | MOHD FAUZI BIN MOHAMMED SAIF | 01:03:43 | 1:03:33 | 0:27:57 | 0:59:00 | 7:35:16 | 8:38:49 | |
| 73 | 27 | C3006 | TAN HOCK CHAI | 01:04:17 | 1:04:11 | 0:28:44 | 0:59:24 | 7:35:13 | 8:39:23 | |
| 74 | 28 | C3034 | CHOW CHEE CHOON | 01:04:17 | 1:04:06 | 0:27:27 | 0:59:37 | 7:35:18 | 8:39:23 | |
| 75 | 29 | C3068 | ROEL LABISTE ALMEDA | 01:04:35 | 1:04:32 | 0:27:44 | 0:59:03 | 7:35:10 | 8:39:41 | |
| 76 | 47 | A1006 | ABDUL WAFIR BIN AZMI ALI | 01:04:43 | 1:04:24 | 0:30:58 | 1:00:06 | 7:35:26 | 8:39:49 | |
| 77 | 30 | C3073 | LOW YEW FEI | 01:04:44 | 1:04:36 | 0:29:16 | 0:59:52 | 7:35:14 | 8:39:50 | |
| 78 | 31 | C3017 | AB RAHMAN AHMAD | 01:04:48 | 1:04:31 | 0:28:06 | 0:59:48 | 7:35:23 | 8:39:54 | |
| 79 | 48 | A1098 | MOHD SUKRI BIN WAN SALLEH | 01:05:27 | 1:05:10 | 0:30:15 | 1:00:36 | 7:35:24 | 8:40:33 | |
| 80 | 49 | A1067 | MOHD NAZIR BIN ABU SAMAH | 01:05:45 | 1:05:40 | 0:25:42 | 1:00:19 | 7:35:12 | 8:40:51 | |
| 81 | 50 | A1051 | AMAR SYAH BIN ZUKI | 01:06:07 | 1:05:47 | 0:29:25 | 1:00:29 | 7:35:27 | 8:41:13 | |
| 82 | 32 | C3011 | LEE CHEE MUN | 01:06:10 | 1:05:54 | 0:31:14 | 1:01:29 | 7:35:23 | 8:41:16 | |
| 83 | 51 | A1103 | MARCUS HO PENG YANG | 01:06:12 | 1:06:05 | 0:29:12 | 1:00:48 | 7:35:13 | 8:41:18 | |

| | | | | | | | | | |
|-----|-----|-------|---|----------|---------|---------|---------|---------|---------|
| 174 | 112 | A1070 | MUHAMMAD AMIRULHAKIM MD EZZADIN | 01:35:35 | 1:35:15 | 0:41:57 | 1:28:45 | 7:35:26 | 9:10:41 |
| 175 | 113 | A1100 | MOHD FADZLI BIN NORDIN | 01:37:02 | 1:36:54 | 0:41:24 | 1:29:40 | 7:35:15 | 9:12:08 |
| 176 | 114 | A1036 | WAN ZUL AZIZI BIN WAN KAMARUDDIN | 01:38:29 | 1:38:25 | 0:41:59 | 1:30:13 | 7:35:11 | 9:13:35 |
| 177 | 115 | A6028 | ANUAR SULIMAN | 01:38:30 | 1:38:16 | 0:43:43 | 1:30:44 | 7:35:20 | 9:13:36 |
| 178 | 116 | A1049 | DZUL HANI ASYRAF BIN SAHAD | 01:39:07 | 1:38:52 | 0:42:59 | 1:31:09 | 7:35:21 | 9:14:13 |
| 179 | 117 | A1037 | MUHAMMAD ZAKI BIN MUHAMMAD | 01:39:40 | 1:27:06 | 0:49:21 | 1:34:22 | 7:47:40 | 9:14:46 |
| 180 | 118 | A1068 | MUHAMMAD IZZAT BIN MOHD AMIN | 01:43:59 | 1:43:54 | 0:43:57 | 1:35:21 | 7:35:12 | 9:19:05 |
| 181 | 119 | A1090 | BAMBANG ERYEN DENIN | 01:44:00 | 1:43:47 | 0:43:30 | 1:36:01 | 7:35:19 | 9:19:06 |
| 182 | 120 | A6020 | AHMAD FAIZ MOHD ZAKI | 01:44:25 | 1:44:14 | 0:43:05 | 1:36:01 | 7:35:18 | 9:19:31 |
| 183 | 63 | C3023 | AHMAD JUNAIDI BIN TAUDDIN | 01:44:35 | 1:44:25 | 0:41:51 | 1:35:47 | 7:35:17 | 9:19:41 |
| 184 | 121 | A1056 | SHEIKH FAIZ BIN SHEIKH IBRAHIM | 01:44:49 | 1:44:34 | 0:51:03 | 1:38:49 | 7:35:22 | 9:19:55 |
| 185 | 122 | A1113 | ABDUL HAKIM BIN BAKRI | 01:49:12 | 1:48:52 | 0:48:16 | 1:39:30 | 7:35:27 | 9:24:18 |
| 186 | 123 | A1043 | MOHAMAD SADIQ BIN ABDUL MALIM | 01:49:16 | 1:48:56 | 0:48:16 | 1:39:29 | 7:35:26 | 9:24:22 |
| 187 | 124 | A1086 | MUHAMMAD NASRI BIN MOHD NOOR | 01:49:16 | 1:48:57 | 0:48:17 | 1:39:29 | 7:35:26 | 9:24:22 |
| 188 | 125 | A1073 | MOHD RIDZWAN BIN MOHAMMAD MOHAMED MASOD | 01:52:13 | 1:52:10 | 0:50:07 | 1:42:32 | 7:35:10 | 9:27:19 |
| 189 | 126 | A1087 | MOHD SHAHRIZUL BIN AZIZ | 02:02:10 | 2:01:15 | 0:51:55 | 1:49:35 | 7:36:01 | 9:37:16 |
| 190 | 64 | C3057 | RAHIM BIN RAHMAT | 02:02:10 | 2:02:03 | 0:48:19 | 1:49:36 | 7:35:13 | 9:37:16 |
| 0 | 0 | A1093 | MOHD RIZAL BIN AHMAD RAZUKI | 01:09:39 | 1:09:24 | 0:35:12 | N/A | 7:35:22 | 8:44:45 |

Timing & Results by ChampionChip; Printed at 10/30/2016 at 11:13:00 AM

PKNS Antara Gapi Hill Run 2016

(2016-10-30)

Women Only 10KM Results

Location: Antara Gapi, Hulu Selangor Temp: 27°C Weather: Cloudy

| RkMix | RkCat | Bib | Name | Official_Time | Net_Time | Checkpoint_01_Time | Checkpoint_02_Time | Start_Time | Finish_Time | Remark |
|-------|-------|-------|---|---------------|----------|--------------------|--------------------|------------|-------------|--------|
| 1 | 1 | B2031 | DANIELLE NANT | 00:43:32 | 0:43:28 | 0:19:39 | 0:40:03 | 7:35:10 | 8:18:38 | |
| 2 | 2 | B6011 | MICHELE TAN BEE KIANG | 00:48:28 | 0:48:22 | 0:21:55 | 0:44:45 | 7:35:13 | 8:23:34 | |
| 3 | 1 | D4005 | SUSAN KHOO | 00:50:24 | 0:50:20 | 0:22:35 | 0:46:25 | 7:35:10 | 8:25:30 | |
| 4 | 2 | D4012 | LORNA WONG | 00:50:58 | 0:50:54 | 0:23:11 | 0:47:10 | 7:35:11 | 8:26:04 | |
| 5 | 3 | D4013 | LIAN BEE HOON | 00:51:37 | 0:51:34 | 0:23:47 | 0:47:44 | 7:35:10 | 8:26:43 | |
| 6 | 4 | D4003 | LEE KHUM CHIEW | 00:52:26 | 0:52:23 | 0:23:20 | 0:48:23 | 7:35:09 | 8:27:32 | |
| 7 | 3 | B2016 | NORAZILAH BTE OSMAN | 00:53:29 | 0:53:26 | 0:23:13 | 0:49:06 | 7:35:09 | 8:28:35 | |
| 8 | 4 | B2018 | KIM KHOO | 00:54:24 | 0:54:20 | 0:24:12 | 0:50:18 | 7:35:10 | 8:29:30 | |
| 9 | 5 | D4004 | GOH KIM HONG | 00:57:40 | 0:57:35 | 0:25:51 | 0:53:19 | 7:35:12 | 8:32:46 | |
| 10 | 6 | D4021 | LUI YOKE HING | 01:02:31 | 1:02:24 | 0:27:26 | 0:57:45 | 7:35:13 | 8:37:37 | |
| 11 | 7 | D4015 | CHE ROHANI MEZAH | 01:03:11 | 1:03:08 | 0:27:21 | 0:58:12 | 7:35:09 | 8:38:17 | |
| 12 | 8 | D4017 | KEH BEE HON | 01:04:01 | 1:03:55 | 0:28:09 | 0:59:09 | 7:35:12 | 8:39:07 | |
| 13 | 9 | D6017 | YEOW CHAE YIN | 01:06:44 | 1:06:36 | 0:29:49 | 1:01:49 | 7:35:14 | 8:41:50 | |
| 14 | 5 | B2010 | KANAKESWARI DHARMA | 01:09:59 | 1:09:55 | 0:29:10 | 1:04:05 | 7:35:11 | 8:45:05 | |
| 15 | 6 | B2025 | SALLEY VENDA LAW | 01:10:43 | 1:10:20 | 0:31:44 | 1:06:03 | 7:35:29 | 8:45:49 | |
| 16 | 10 | D4014 | CARYL NANT | 01:10:57 | 1:10:47 | 0:29:23 | 1:05:23 | 7:35:16 | 8:46:03 | |
| 17 | 7 | B2028 | NUR SYAHIRAH BINTI MOHD NOR | 01:12:16 | 1:12:08 | 0:30:57 | 1:06:57 | 7:35:15 | 8:47:22 | |
| 18 | 8 | B2007 | LOK PUI GUAN | 01:12:40 | 1:12:19 | 0:32:15 | 1:07:27 | 7:35:27 | 8:47:46 | |
| 19 | 11 | D4001 | NUR LALI CHEE BT ABDULLAH | 01:19:57 | 1:19:54 | 0:33:39 | 1:13:43 | 7:35:09 | 8:55:03 | |
| 20 | 9 | B2037 | NOOR FATIHAH BINTI ABU BAKAR | 01:23:27 | 1:23:21 | 0:37:08 | 1:17:10 | 7:35:13 | 8:58:33 | |
| 21 | 10 | B2013 | ELYA GEORGE | 01:25:20 | 1:24:58 | 0:38:02 | 1:18:39 | 7:35:28 | 9:00:26 | |
| 22 | 12 | D4019 | TAN YOKE BEE | 01:26:32 | 1:26:22 | 0:36:46 | 1:20:03 | 7:35:16 | 9:01:38 | |
| 23 | 13 | D4008 | NOR ALIAH BINTI MOHD YUSOF | 01:27:53 | 1:27:49 | 0:38:47 | 1:21:02 | 7:35:11 | 9:02:59 | |
| 24 | 11 | B2012 | NORZITA BINTI ZAKARIA | 01:28:37 | 1:28:29 | 0:37:06 | 1:22:05 | 7:35:14 | 9:03:43 | |
| 25 | 12 | B2022 | NURFAHILIN ELIYANA BINTI MOHAMAD KHALIFAH | 01:29:15 | 1:28:57 | 0:40:10 | 1:22:38 | 7:35:24 | 9:04:21 | |
| 26 | 13 | B6029 | MOR MURNIE MOHAMED NOR | 01:30:57 | 1:30:44 | 0:37:29 | 1:23:10 | 7:35:19 | 9:06:03 | |
| 27 | 14 | D6018 | AMNAH BT SULAIMAN | 01:31:20 | 1:31:11 | 0:38:45 | 1:22:24 | 7:35:15 | 9:06:26 | |
| 28 | 14 | B2006 | NOOR AZILA BINTI SADALI | 01:32:18 | 1:31:56 | 0:39:44 | 1:25:49 | 7:35:29 | 9:07:24 | |
| 29 | 15 | B2019 | ROSALIZA BINTI MOHD SARIT | 01:32:19 | 1:32:09 | 0:40:28 | 1:25:26 | 7:35:16 | 9:07:25 | |
| 30 | 15 | D4018 | TAN SEW YOKE | 01:32:59 | 1:32:53 | 0:38:53 | 1:25:31 | 7:35:12 | 9:08:05 | |
| 31 | 16 | B2034 | HENG ZI WEN | 01:33:47 | 1:33:38 | 0:41:09 | 1:26:59 | 7:35:15 | 9:08:53 | |
| 32 | 16 | D4009 | AISAH BINTI SEYDALAVI | 01:35:54 | 1:35:49 | 0:41:33 | 1:28:29 | 7:35:12 | 9:11:00 | |
| 33 | 17 | B2035 | SIAO CHIEW HONG | 01:37:04 | 1:36:51 | 0:35:52 | 1:27:38 | 7:35:19 | 9:12:10 | |
| 34 | 18 | B2011 | SITI ZULAIKHA HUSSIN | 01:38:28 | 1:38:19 | 0:43:23 | 1:30:30 | 7:35:16 | 9:13:34 | |
| 35 | 19 | B2029 | NORAZLINDA BINTI RAMLI | 01:38:29 | 1:38:21 | 0:42:32 | 1:30:19 | 7:35:14 | 9:13:34 | |
| 36 | 20 | B2020 | SITI KHADIJAH BINTI SALLEH | 01:38:43 | 1:38:34 | 0:40:16 | 1:31:55 | 7:35:15 | 9:13:49 | |
| 37 | 21 | B2002 | ROZALIA BINTI MOHAMAD ZIN | 01:38:43 | 1:38:34 | 0:40:16 | 1:31:55 | 7:35:15 | 9:13:49 | |
| 38 | 22 | B2026 | NURDIYANA BINTI ZAINAL ABIDIN | 01:39:07 | 1:38:52 | 0:42:58 | 1:31:09 | 7:35:21 | 9:14:13 | |
| 39 | 17 | D4016 | WAN NORAZIAH BINTI WAN ABD AZIZ | 01:41:49 | 1:41:38 | 0:44:30 | 1:33:38 | 7:35:17 | 9:16:55 | |
| 40 | 23 | B2033 | NURFARHANA BTE AMIRULDIN | 01:42:50 | 1:42:39 | 0:42:43 | 1:34:53 | 7:35:17 | 9:17:56 | |
| 41 | 24 | B2017 | NORHANIZA MD ARIS | 01:43:05 | 1:42:54 | 0:42:39 | 1:34:24 | 7:35:18 | 9:18:11 | |
| 42 | 18 | D4011 | MASYITAH CHOON | 01:44:14 | 1:44:09 | 0:44:37 | 1:35:18 | 7:35:12 | 9:19:20 | |
| 43 | 25 | B2009 | NORHAFIZAH BINTI AHMAD JUNAIDI | 01:44:19 | 1:44:08 | 0:41:35 | 1:35:47 | 7:35:17 | 9:19:25 | |
| 44 | 26 | B2027 | NURUL JANNAH BINTI RAMLI | 01:47:01 | 1:46:53 | 0:45:01 | 1:38:30 | 7:35:14 | 9:22:07 | |
| 45 | 19 | D4007 | TAN YOKE CHENG | 01:47:03 | 1:46:55 | 0:45:50 | 1:38:36 | 7:35:14 | 9:22:09 | |
| 46 | 27 | B2030 | IRMA ARISSA BINTI ABDULLAH | 01:49:13 | 1:49:01 | 0:46:48 | 1:39:19 | 7:35:18 | 9:24:18 | |
| 47 | 28 | B2024 | NOOR ASNA BINTI ZAHARI | 01:52:14 | 1:52:11 | 0:50:17 | 1:42:30 | 7:35:10 | 9:27:20 | |
| 48 | 29 | B2008 | NORHAMIZAH HAZIRAH BINTI TAJUDDIN | 01:52:18 | 1:52:08 | 0:46:51 | 1:41:53 | 7:35:16 | 9:27:23 | |
| 49 | 30 | B2004 | HON CHAI LI | 01:56:55 | 1:56:42 | 0:46:45 | 1:46:28 | 7:35:19 | 9:32:01 | |
| 50 | 31 | B2005 | SIM YEN PING | 01:56:56 | 1:56:43 | 0:51:17 | 1:46:28 | 7:35:19 | 9:32:02 | |
| 51 | 32 | B2003 | ONG MENG CHEOK | 01:56:56 | 1:56:44 | 0:46:46 | 1:46:31 | 7:35:19 | 9:32:02 | |
| 0 | 0 | D4006 | TAN YOCK LIAN | 01:43:29 | 1:43:23 | 0:50:44 | N/A | 7:35:13 | 9:18:35 | |
| 0 | 0 | B2038 | LOW XIN YAN | 01:35:15 | 1:35:09 | N/A | 1:25:13 | 7:35:12 | 9:10:21 | |
| 0 | 0 | D4020 | MENG LAN | 01:35:34 | 1:35:29 | 0:51:15 | N/A | 7:35:12 | 9:10:40 | |
| 0 | 0 | B6012 | NRHASNIZAM BT BAHARUDIN | 01:35:40 | 1:35:31 | 0:51:00 | N/A | 7:35:15 | 9:10:46 | |
| 0 | 0 | B6013 | FATIMAH BT SULAIMAN | 01:35:39 | 1:35:31 | 0:50:59 | N/A | 7:35:15 | 9:10:45 | |

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| | | | | | | | | | | |
|-----|-----|-----|-------|--|----------|---------|---------|---------|---------|---------|
| 180 | 22 | 12 | D4019 | TAN YOKE BEE | 01:26:32 | 1:26:22 | 0:36:46 | 1:20:03 | 7:35:16 | 9:01:38 |
| 181 | 159 | 57 | C3022 | SYAHRIL ANUAR BIN BASHEER ALI | 01:26:41 | 1:26:36 | 0:35:09 | 1:20:14 | 7:35:11 | 9:01:47 |
| 182 | 160 | 58 | C3021 | WAN AZRIZUL AZAD BIN ZAINAL ABIDIN | 01:26:55 | 1:26:37 | 0:38:34 | 1:20:23 | 7:35:24 | 9:02:01 |
| 183 | 161 | 103 | A6002 | LOW WENG ONN | 01:27:09 | 1:27:01 | 0:39:14 | 1:19:51 | 7:35:15 | 9:02:15 |
| 184 | 162 | 104 | A6009 | PUTERA NUR AIDIL KAMARUDIN | 01:27:10 | 1:27:00 | 0:33:13 | 1:20:09 | 7:35:16 | 9:02:16 |
| 185 | 163 | 105 | A6021 | NABIL MUQRIZ YAHYA | 01:27:50 | 1:27:40 | 0:38:51 | 1:21:09 | 7:35:17 | 9:02:56 |
| 186 | 23 | 13 | D4008 | NOR ALIAH BINTI MOHD YUSOF | 01:27:53 | 1:27:49 | 0:38:47 | 1:21:02 | 7:35:11 | 9:02:59 |
| 187 | 24 | 11 | B2012 | NORZITA BINTI ZAKARIA | 01:28:37 | 1:28:29 | 0:37:06 | 1:22:05 | 7:35:14 | 9:03:43 |
| 188 | 164 | 59 | C3046 | IZENAN B BASAR | 01:28:51 | 1:28:43 | 0:40:42 | 1:22:39 | 7:35:14 | 9:03:57 |
| 189 | 165 | 60 | C3029 | KAMARULZAMAN BIN JAAFAR | 01:29:11 | 1:28:55 | 0:35:58 | 1:21:42 | 7:35:22 | 9:04:17 |
| 190 | 25 | 12 | B2022 | NURFAHZLUN EUIYANA BINTI MOHAMAD KHALIFAH | 01:29:15 | 1:28:57 | 0:40:10 | 1:22:38 | 7:35:24 | 9:04:21 |
| 191 | 166 | 106 | A1081 | MOHD ZHAFRI HASSAN | 01:30:31 | 1:30:18 | 0:40:35 | 1:24:06 | 7:35:19 | 9:05:37 |
| 192 | 26 | 13 | B6029 | MOR MURNIE MOHAMED NOR | 01:30:57 | 1:30:44 | 0:37:29 | 1:23:10 | 7:35:19 | 9:06:03 |
| 193 | 27 | 14 | D6018 | AMNAH BT SULAIMAN | 01:31:20 | 1:31:11 | 0:38:45 | 1:22:24 | 7:35:15 | 9:06:26 |
| 194 | 167 | 61 | C3075 | MAHFIZUL RUSYDIN BIN ABDUL RASHID | 01:31:23 | 1:31:08 | 0:41:06 | 1:24:46 | 7:35:22 | 9:06:29 |
| 195 | 168 | 107 | A1015 | ZAIMEE BIN MOHD NOR | 01:31:34 | 1:31:11 | 0:39:57 | 1:23:39 | 7:35:29 | 9:06:40 |
| 196 | 169 | 62 | C3051 | MOHD FAUZI BIN AHMAD DZAKI | 01:31:53 | 1:31:47 | 0:41:37 | 1:25:00 | 7:35:13 | 9:06:59 |
| 197 | 170 | 108 | A1112 | MUHAMMAD NADZREIN BIN JOHARI | 01:32:01 | 1:31:48 | 0:38:05 | 1:25:34 | 7:35:19 | 9:07:07 |
| 198 | 28 | 14 | B2006 | NOOR AZILA BINTI SADALI | 01:32:18 | 1:31:56 | 0:39:44 | 1:25:49 | 7:35:29 | 9:07:24 |
| 199 | 29 | 15 | B2019 | ROSALIZA BINTI MOHD SARIT | 01:32:19 | 1:32:09 | 0:40:28 | 1:25:26 | 7:35:16 | 9:07:25 |
| 200 | 171 | 109 | A6024 | MOHD FAIZAL ABD JALIL | 01:32:19 | 1:32:06 | 0:37:55 | 1:25:34 | 7:35:20 | 9:07:25 |
| 201 | 30 | 15 | D4018 | TAN SEW YOKE | 01:32:59 | 1:32:53 | 0:38:53 | 1:25:31 | 7:35:12 | 9:08:05 |
| 202 | 31 | 16 | B2034 | HENG ZI WEN | 01:33:47 | 1:33:38 | 0:41:09 | 1:26:59 | 7:35:15 | 9:08:53 |
| 203 | 172 | 110 | A1074 | HAZWAN BIN MOHD RAZUKHI | 01:33:48 | 1:33:37 | 0:42:23 | 1:27:46 | 7:35:17 | 9:08:53 |
| 204 | 173 | 111 | A1054 | MUHAMMAD KHAIRUL IZZAT BIN AMIR SHARIFUDIN | 01:35:33 | 1:35:21 | 0:43:30 | 1:29:06 | 7:35:18 | 9:10:39 |
| 205 | 174 | 112 | A1070 | MUHAMMAD AMIRULHAKIM MD EZZADIN | 01:35:35 | 1:35:15 | 0:41:57 | 1:28:45 | 7:35:26 | 9:10:41 |
| 206 | 32 | 16 | D4009 | AISAH BINTI SEYDALAVI | 01:35:54 | 1:35:49 | 0:41:33 | 1:28:29 | 7:35:12 | 9:11:00 |
| 207 | 175 | 113 | A1100 | MOHD FADZLI BIN NORDIN | 01:37:02 | 1:36:54 | 0:41:24 | 1:29:40 | 7:35:15 | 9:12:08 |
| 208 | 33 | 17 | B2035 | SIAO CHIEW HONG | 01:37:04 | 1:36:51 | 0:35:52 | 1:27:38 | 7:35:19 | 9:12:10 |
| 209 | 34 | 18 | B2011 | SITI ZULAIKHA HUSSIN | 01:38:28 | 1:38:19 | 0:43:23 | 1:30:30 | 7:35:16 | 9:13:34 |
| 210 | 35 | 19 | B2029 | NORAZLINDA BINTI RAMLI | 01:38:29 | 1:38:21 | 0:42:32 | 1:30:19 | 7:35:14 | 9:13:34 |
| 211 | 176 | 114 | A1036 | WAN ZUL AZIZI BIN WAN KAMARUDDIN | 01:38:29 | 1:38:25 | 0:41:59 | 1:30:13 | 7:35:11 | 9:13:35 |
| 212 | 177 | 115 | A6028 | ANUAR SULIMAN | 01:38:30 | 1:38:16 | 0:43:43 | 1:30:44 | 7:35:20 | 9:13:36 |
| 213 | 36 | 20 | B2020 | SITI KHADIJAH BINTI SALLEH | 01:38:43 | 1:38:34 | 0:40:16 | 1:31:55 | 7:35:15 | 9:13:49 |
| 214 | 37 | 21 | B2002 | ROZALIA BINTI MOHAMAD ZIN | 01:38:43 | 1:38:34 | 0:40:16 | 1:31:55 | 7:35:15 | 9:13:49 |
| 215 | 178 | 116 | A1049 | DZUL HANI ASYRAF BIN SAHAD | 01:39:07 | 1:38:52 | 0:42:59 | 1:31:09 | 7:35:21 | 9:14:13 |
| 216 | 38 | 22 | B2026 | MURDIYANA BINTI ZAINAL ABIDIN | 01:39:07 | 1:38:52 | 0:42:58 | 1:31:09 | 7:35:21 | 9:14:13 |
| 217 | 179 | 117 | A1037 | MUHAMMAD ZAKI BIN MUHAMMAD | 01:39:40 | 1:39:06 | 0:49:21 | 1:34:22 | 7:47:40 | 9:14:46 |
| 218 | 39 | 17 | D4016 | WAN NORAZIAH BINTI WAN ABD AZIZ | 01:41:49 | 1:41:38 | 0:44:30 | 1:33:38 | 7:35:17 | 9:16:55 |
| 219 | 40 | 23 | B2033 | NURFARHANA BTE AMIRULDIN | 01:42:50 | 1:42:39 | 0:42:43 | 1:34:53 | 7:35:17 | 9:17:56 |
| 220 | 41 | 24 | B2017 | NORHANIZA MD ARIS | 01:43:05 | 1:42:54 | 0:42:39 | 1:34:24 | 7:35:18 | 9:18:11 |
| 221 | 180 | 118 | A1068 | MUHAMMAD IZZAT BIN MOHD AMIN | 01:43:59 | 1:43:54 | 0:43:57 | 1:35:21 | 7:35:12 | 9:19:05 |
| 222 | 181 | 119 | A1090 | BAMBANG ERYEN DENIN | 01:44:00 | 1:43:47 | 0:43:30 | 1:36:01 | 7:35:19 | 9:19:06 |
| 223 | 42 | 18 | D4011 | MASYITAH CHOON | 01:44:14 | 1:44:09 | 0:44:37 | 1:35:18 | 7:35:12 | 9:19:20 |
| 224 | 43 | 25 | B2009 | NORHAFIZAH BINTI AHMAD JUNAIDI | 01:44:19 | 1:44:08 | 0:41:35 | 1:35:47 | 7:35:17 | 9:19:25 |
| 225 | 182 | 120 | A6020 | AHMAD FAIZ MOHD ZAKI | 01:44:25 | 1:44:14 | 0:43:05 | 1:36:01 | 7:35:18 | 9:19:31 |
| 226 | 183 | 63 | C3023 | AHMAD JUNAIDI BIN TAJUDDIN | 01:44:35 | 1:44:25 | 0:41:51 | 1:35:47 | 7:35:17 | 9:19:41 |
| 227 | 184 | 121 | A1056 | SHEIKH FAIZ BIN SHEIKH IBRAHIM | 01:44:49 | 1:44:34 | 0:51:03 | 1:38:49 | 7:35:22 | 9:19:55 |
| 228 | 44 | 26 | B2027 | NURUL JANNAH BINTI RAMLI | 01:47:01 | 1:46:53 | 0:45:01 | 1:38:30 | 7:35:14 | 9:22:07 |
| 229 | 45 | 19 | D4007 | TAN YOKE CHENG | 01:47:03 | 1:46:55 | 0:45:50 | 1:38:36 | 7:35:14 | 9:22:09 |
| 230 | 185 | 122 | A1113 | ABDUL HAKIM BIN BAKRI | 01:49:12 | 1:48:52 | 0:48:16 | 1:39:30 | 7:35:27 | 9:24:18 |
| 231 | 46 | 27 | B2030 | IRMA ARISSA BINTI ABDULLAH | 01:49:13 | 1:49:01 | 0:46:48 | 1:39:19 | 7:35:18 | 9:24:18 |
| 232 | 186 | 123 | A1043 | MOHAMAD SADIQ BIN ABDUL MALIM | 01:49:16 | 1:48:56 | 0:48:16 | 1:39:29 | 7:35:26 | 9:24:22 |
| 233 | 187 | 124 | A1086 | MUHAMMAD NASRI BIN MOHD NOOR | 01:49:16 | 1:48:57 | 0:48:17 | 1:39:29 | 7:35:26 | 9:24:22 |
| 234 | 188 | 125 | A1073 | MOHD RIDZWAN BIN MOHAMMAD MOHAMED MASOD | 01:52:13 | 1:52:10 | 0:50:07 | 1:42:32 | 7:35:10 | 9:27:19 |
| 235 | 47 | 28 | B2024 | NOOR ASNA BINTI ZAHARI | 01:52:14 | 1:52:11 | 0:50:17 | 1:42:30 | 7:35:10 | 9:27:20 |
| 236 | 48 | 29 | B2008 | NORHAMIZAH HAZIRAH BINTI TAJUDDIN | 01:52:18 | 1:52:08 | 0:46:51 | 1:41:53 | 7:35:16 | 9:27:23 |
| 237 | 49 | 30 | B2004 | HON CHAI LI | 01:56:55 | 1:56:42 | 0:46:45 | 1:46:28 | 7:35:19 | 9:32:01 |
| 238 | 50 | 31 | B2005 | SIM YEN PING | 01:56:56 | 1:56:43 | 0:51:17 | 1:46:28 | 7:35:19 | 9:32:02 |
| 239 | 51 | 32 | B2003 | ONG MENG CHEOK | 01:56:56 | 1:56:44 | 0:46:46 | 1:46:31 | 7:35:19 | 9:32:02 |
| 240 | 189 | 126 | A1087 | MOHD SHAHRIZUL BIN AZIZ | 02:02:10 | 2:01:15 | 0:51:55 | 1:49:35 | 7:36:01 | 9:37:16 |
| 241 | 190 | 64 | C3057 | RAHIM BIN RAHMAT | 02:02:10 | 2:02:03 | 0:48:19 | 1:49:36 | 7:35:13 | 9:37:16 |
| 0 | 0 | 0 | D4006 | TAN YOCK LIAN | 01:43:29 | 1:43:23 | 0:50:44 | N/A | 7:35:13 | 9:18:35 |
| 0 | 0 | 0 | B6013 | FATIMAH BT SULAIMAN | 01:35:39 | 1:35:31 | 0:50:59 | N/A | 7:35:15 | 9:10:45 |
| 0 | 0 | 0 | B2038 | LOW XIN YAN | 01:35:15 | 1:35:09 | N/A | 1:25:13 | 7:35:12 | 9:10:21 |
| 0 | 0 | 0 | A1093 | MOHD RIZAL BIN AHMAD RAZUKI | 01:09:39 | 1:09:24 | 0:35:12 | N/A | 7:35:22 | 8:44:45 |
| 0 | 0 | 0 | B6012 | NRHASNIZAM BT BAHARUDIN | 01:35:40 | 1:35:31 | 0:51:00 | N/A | 7:35:15 | 9:10:46 |
| 0 | 0 | 0 | D4020 | MENG LAN | 01:35:34 | 1:35:29 | 0:51:15 | N/A | 7:35:12 | 9:10:40 |

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